

## REFLECTION

### Getting Started

1. Open with a prayer.
2. Sit in a circle as much as possible.
3. Someone from church, preferably, will take brief notes on discussion to report to entire group when regathered.
4. Reminder: It is okay to listen to the discussion. No one is required to speak, but your experiences and thoughts are very much appreciated.
5. Going around the room, everyone answers the following
  - Your name
  - What service you usually attend; or if you are a visitor, what church you attend

### For Discussion

1. Did anyone help with the weekend preparations? What did you do?
2. What did you find meaningful in the speakers' talks?
3. What area would you like to grow in your own spiritual life?

### Closing

Close with the prayer circle. Remember if you don't care to pray aloud, you may pray silently.